

Term 1
Week 1 – 5 February 2015
Distributed weekly on Wednesday

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Term 1

29th Jan – 27th March

8 weeks, 2 days

1 public holiday – Labour Day

2 pupil free days – Dyslexia Awareness & Training

To Be Advised

Cycle and room excursions if conducted and other events if the need arises

January

30th Thursday – Students commence – Tots, After Session Care, Cycles 1, 2 & 3

February

2nd – 6th Monday – Friday – Cycle 2 Swimming 1pm – 3.00pm

3rd Tuesday – Piano lessons commence

5th Thursday - Guitar lessons commence

6th Friday – Bluearth program commences then fortnightly,

9th – 12th Monday – Thursday – Cycle 3 Swimming 1pm – 3.00pm

16th Monday – Cycle 3 Swimming 1pm – 3.00pm

17th Tuesday District Swimming Carnival, Cycle 3 - only those who elect to participate will attend

March

5th & 6th Thursday & Friday – Pupil Free Days, Dyslexia Training for staff

9th Monday – Public Holiday - Labour Day

12th Thursday – Hockey Roadshow – Cycle 2&3

17th Tuesday – Harmony Day student performances 1.30pm

18th Wednesday – BBQ 5pm & AGM 6.00pm

21st Saturday – World Harmony Day

23rd – 26th – Cycle 2&3 Parent teacher interviews. Room schedules to be communicated prior to this date

27th Friday – End of Term 2.15pm finish

From the Principal

We are very appreciative to have Callum McDonald volunteering with our school for the term. Callum is a graduate teacher, with local connections, who is spending time in Beechworth. Welcome Callum – may your time with us be everything you hoped for and more. Mauro commenced Italian today and music recommenced with Conrad yesterday. Friday will be a very physical day with both Physical Education with Josh and Bluearth fortnightly with Daniel, commencing this week.

Hopefully all families are now settling into a routine that supports the return to school – we've had a cooler start to the school year than in the past but the weather is due to heat up next week. This will test sleeping and energy levels. School routines are adapted to the weather conditions when necessary however we are supportive of children being outside for unstructured play in all weather conditions unless their health and safety is compromised. A reminder that sunsmart clothing is required for term 1, including a broad brimmed hat.

The new website is up and running – with a few small technical issues. If you are having trouble viewing it try www.bms.vic.edu.au. We should have a general search for Beechworth Montessori directing users to the new website imminently – at present you may be taken to the old website. The parent room will be updated weekly ... use your advised password to log in

to read room blogs and view photos.

Enjoy your week.

Heather

General News

Would you like to learn the piano?

Learning the piano can be an enjoyable, stimulating, rewarding activity for children and adults alike. It is a great introduction to learning other instruments and to lifelong music appreciation.

Peter Benson started teaching piano 27 years ago. He has a Bachelor of Creative Arts majoring in composition and jazz piano, and a Post Graduate Diploma in music education. He has played professionally as a solo performer and in various jazz line-ups for many years.

Piano lessons at Beechworth Montessori can be arranged during school time and after school. All levels taught from very beginners to advanced at \$31 for the first half hour lesson, then \$29 for all further half hour lessons given in one week.

Please call Peter Benson on 0411 127 335.

Cycle 2 News

Across Both Rooms

Housekeeping

Please be mindful lessons commence at 9am.

We are making a concerted effort to encourage all students to return their readers each week and we require your support from home. Early nights and good sleeps are essential for learning.

Moonstone

Welcome back to Moonstone. Beautiful weather for swimming lessons, well rested children with lots of stories to tell about adventures during the holidays and many new lessons in store. We are embarking on another wonderful term of learning and growth.

Timetable

Tuesday 11am Music with Conrad

Wednesday 9am Italian with Mauro and Cooking Groups

Friday 9am Blueearth and 2pm Sport with Josh

This term there are three main focus areas -

Zoology the study classification of animals and focus on invertebrates- animals that do not have a backbone.

The 2nd Great Story, Coming of Life on Earth and the study of the Timeline of Life will examine the arrival of earth's plants and animals within a geological time frame.

We will learn about the **geography**, culture and customs of the continent South America culminating in the celebration of Harmony Day in March.

Art concepts will be presented across the different subjects areas throughout the term and include three dimensional models, relief sculpture and weaving.

In small writing groups we are learning skills for writing and research such as how to generate and organise ideas, improve word choices and edit.

Across the Montessori curriculum there is something for everyone as well as the focus areas there are activities in **Botany, Geometry, History, Science, Practical Life and of course Mathematics.**

Turquoise

Welcome:

Welcome back for another term that will undoubtedly go very quickly indeed. We welcome transitioning children from Cycle One, Luke Brough, Dylan Roscuet and Ruby Chabaud and their families. We also welcome Zoe Drumm into Turquoise who has moved from Wagga Wagga.



Guitar Lessons Term 1

A great opportunity here for children who have shown a desire or curiosity to learn to play guitar. Mel Tompkins who is a renowned local performer and instrumental teacher will continue lessons this year offering a fun and interactive approach in learning this popular and versatile instrument. Please feel free to ring or email regarding any questions or further enquiries.

(Phone) 57 28 6737

(Mobile) 0408 775 678

(email) melmystmusic@gmail.com

Timetable:

This term sees Music on Tuesdays, Italian on Wednesday, and Bluearth, art and PE on Fridays. In addition to these we will be focusing on Africa on Wednesdays, history on Thursdays and cooking on Thursday mornings.

History:

Last week the children listened to the second great story – The Coming of Life. From this the children will be investigating the Timeline of Life including things like dinosaurs and the different geological eras.

Geography:

This term the children will be researching Africa – its people, homes, food, animals, landscape and countries. The themes of the cooking and art programs will be derived from Africa also.

Karen and Sonja

Cycle 3 News

Across Both Rooms

Cycle 3 Swimming

The Cycle 3 swimming program is starting next week at the Beechworth swimming pool. It goes from Monday to Thursday and then the following Monday. Please remember to include sunscreen, a good sun hat, towel, goggles, snacks, warm clothes.

Oli & Will

Chiltern District Swimming Carnival

On Tuesday, February the 17th students in Cycle 3 can go and compete in the school swimming event at Chiltern. They will race against other schools in the Indigo Shire. This is a great opportunity for your child to excel in their swimming ability and confidence.

Charlotte Hopp, Rubi Taylor and Callista Race Stelling

Cycle 3 Diving Competition

On the Monday, February 16th, Cycle 3 students have the opportunity to go in the diving competition. The competition is being held as a fun way to end our week of swimming. There is two types of dives that you can do, funniest dive and a best costume. The competition will happen around 2:30 and will be held and the pool after the swimming program ends.

Mia

Student Council 2015

This year the grade 6s get to do a Great Works project and mine is trying to get a student council together. This year I will be holding a student council for Cycle 3. My goal is to get this council going and keep it going for the year. We will organise fundraisers, do landscaping and do other projects that people have in mind.

Edan

Tigereye

The Coming of Humans

On Monday, the Grade 4s and 5s revised the story of the coming of humans when we laid the 30 metre long black strip down the corridor. The last 1 centimetre (a red strip) shows how long humans have been around. Following this, the students made story strips of the unfolding of the universe and life. This is what Arnya made.



Montessori Matters

[Floor Bed Confidential](#) by *the full monte(ssori)*

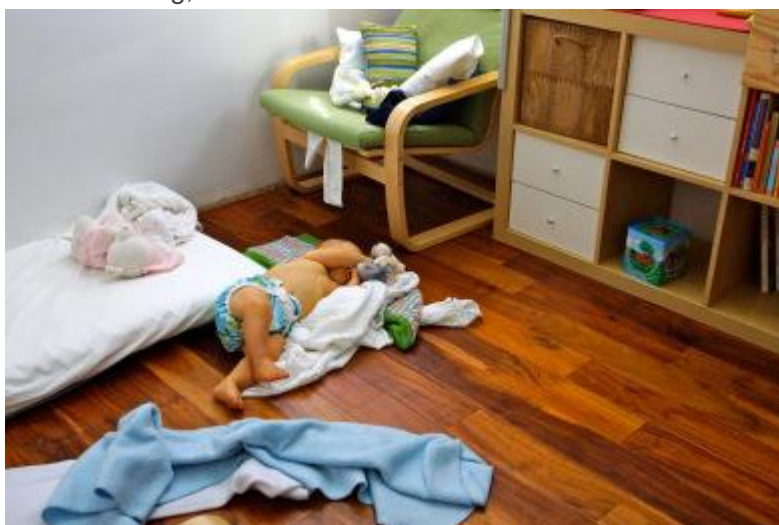
It seems like there are two major complaints when it comes to using a floor bed: the baby rolls off while sleeping and/or the baby crawls off to explore the room instead of staying put and falling asleep. I've experienced both situations, and I hope that I can provide some encouragement and realistic expectations for parents going through the same scenarios. Because the truth is, when used correctly, the floor bed is an amazing tool for supporting your child's development, both mental and physical.

Before we get to the solutions, let's discuss the main purposes of the floor bed: encouraging independence, allowing the development of the child's will, and supporting their need for movement. A child on a floor bed can get in and out on her own as soon as she can slither, thereby reducing her dependence on adults and increasing her sense of self-reliance. This experience supports the development of the will, wherein the child formulates a goal, tries different strategies, accomplishes her mission, and feels successful. And all the while, her need for free movement is being supported, because she can use each skill (focusing her eyes, rolling, slithering, crawling) as soon as she develops it.

Like any other Montessori developmental aid (including mobiles, weaning table & chair, and every single Montessori material), it is important to introduce the floor bed at the right time. Failure to do so can result in reduced effectiveness and increased frustration for both parent and child.

The best time to introduce the floor bed is a few weeks after birth. At first, the newborn should sleep in a bassinet that allows unobstructed views of her surroundings. However, around the time that recognizable sleep patterns are established and before the child is rolling, she should transition to the floor bed. Each child and each family is different; you can read about how I transitioned my son from the bassinet in our room to the floor bed in his room [here](#).

Transitioning your child at the right time doesn't mean that you won't encounter challenges. Once your baby starts rolling, chances are she'll probably roll off the floor bed at some point. This seems like a bad thing, but consider it from your child's viewpoint: she's free to move and practice her new skill; she's developing an awareness of borders (which will come in handy when she navigates stairs and transitions to a "big kid bed"); and she's experiencing the consequences of moving past those borders.



Many families find that a soft rug or blanket placed just next to the floor bed is all that's needed to cushion the baby's "fall" (which in reality is not more than a few inches). Some parents find that they can gently move their baby back to the bed without waking them, while others (like me) prefer to let the baby snooze on the floor. If your child is particularly active while sleeping (like mine is), and she's at the stage where she's able to slither on and off her mattress at will, you can also try placing a rolled towel at the edge of the bed under the fitted sheet, or investing in the wonderful IKEA Kura loft bed (minus the slats, so the mattress rests

on the floor). This set-up won't hinder a child's independence as long as you show her how to get in and out, and will provide the support they need to stay on the mattress.

The more stressful challenge to parents is when the child starts slithering and decides to move off the bed to explore her room, instead of staying in bed and falling asleep. While frustrating to adults, we must remember that this is exactly what the floor



bed is designed to do - encourage independence and develop the will. You can read [here](#) about what happened when we decided to follow our child's lead.

The best piece of advice I can give parents who are going through this phase is to keep their child's room as sparse as possible. On the shelves the child can reach, place only a few carefully selected items for her to explore and leave them there, always in the same order. Don't make the bedroom her activity or play area or feature lots of new and interesting objects at her eye-level, because this will encourage her to get out of bed and go see what's new. She will certainly crawl out when she first develops the ability to do so, but once the novelty fades, if there's nothing new for her to explore in her room she'll be more interested in resting (because all that slithering and crawling is exhausting!).

Many parents make the transition from crib to a floor bed after the child is slithering or crawling, expect them to just stay put and fall asleep, and feel frustrated when this doesn't happen. When a young child is given freedom, she'll use it to further her development. She can't not. It's an evolutionary mandate. If you've chosen to give your child the freedom to move, then you can't be angry at them when they take full advantage of it! Be patient, provide a predictable routine and clear expectations, and gently re-direct back to the bed as many times as necessary each evening. I assure you that with consistency and realistic expectations will come success, and your child will reap the long-term benefits of the floor bed!

Community News

Registration Day



Keen to learn soccer, come and see us

Myrtleford Savoy Soccer Club - Savoy Park

Saturday 14 Feb- 1pm to 3pm

Club Information, Merchandise and Registration payments 2015

To find out how to register visit our website for details
<http://www.myrtlefordsoccer.com.au/>

Savoy Park is located behind the Myrtleford Savoy Sporting Club
256 Great Alpine Road, Myrtleford.
secretary@myrtlefordsoccer.com.au

<https://www.facebook.com/pages/Myrtleford-Savoy-Soccer-Club/117753788259283>

The following tuition is now available in Beechworth:


- Classical Guitar Lessons
- Junior Music Program (3-5 years old)
- Chinese (Mandarin) Classes

For more information, please go to www.bulmersinbeechworth.com

Find us on Facebook: www.facebook.com/bulmersinbeechworth

Phone: 0404 617 650

Email: leesokyi@yahoo.com



CIRCUS

IN
YACKANDANDAH

MONDAY: 4 - 5pm - Younger primary
5 - 6pm - Adults and advanced children

TUESDAY: 3.50 - 4.50pm - Younger primary
4.50 - 5.50pm - Older primary


WEDNESDAY: 2.30 - 3.15pm - 3 & 4 Years old
4 - 5pm Older primary
5 - 6.30pm - Advanced class

International circus artists, Xavier and Zoe Pinard are pleased to offer Circus classes in Yackandandah. Through skills such as trapeze, tumbling, handstands, juggling or pyramids, you or your children will have fun while developing core strength, balance and agility.

Costs:
45 minute class - \$150 per term
60 minute class - \$160 per term
90 minute class - \$200 per term

To secure your place for 2015 please contact Zoe via email or mobile.
xavierzoe@mac.com or 0478 055 091.

9



Emma Hamill
Physiotherapy & Yoga

YOGA CLASSES

TUESDAY EVENINGS

NEW Beginners Class 6-7.15pm

Ongoing Class 7.30 - 9PM
Termly enrolment or
Casual attendance possible

FRIDAY MORNINGS

General Class 9.15 - 10.30AM
Casual attendance

Classes run during school terms

Venue: Beechworth Masonic Lodge
(opp Burke Museum)

To join a class contact Emma:

0407196914

emmahamillphysioandyoga@gmail.com

www.emmahamillphysioandyoga.com

2015 WANGARATTA MARATHON & FUN RUNS

Celebrating 5 years in 2015

MAJOR SPONSORS



EVENT SUPPORTING

SUNDAY 22 FEBRUARY
WANGARATTA SHOWGROUNDS



MARATHON HM 10KM 5KM 2KM

COMMUNITY TEAMS

MORE PEOPLE MOVING MORE OFTEN

WWW.WANGARATTAMARATHON.COM.AU

NEW FUN RUN COURSES

2KM PRIMARY SCHOOL CHALLENGE

- OVER \$12,000 IN CASH AND PRIZES
- BIB CHIP TIMING FOR ALL EVENTS
- CUSTOMISED MEDAL FOR ALL FINISHERS
- FOOD AND BEVERAGES POST EVENT
- FREE ENTERTAINMENT
- EXCEPTIONAL VALUE ENTRY FEES
- FAST FLAT ACCURATE COURSES (AIMS/IAAF MARATHON & HM)

NOTE: NO ON THE DAY ENTRIES

MEDIA PARTNERS



SPONSORS



DANCE & ACRO



Ballet, jazz dance and acrobatics classes for preschoolers and school-age children.
\$8-\$10/class

Monday afternoons at
Beechworth Primary School

Miss Claire 0439 488 378